J. Clarke Richardson Collegiate

Individual Student Allergy Management Plan

Student Name:	 	
Date of Birth:	 	
School:	 	
Teachers:	 	
Classrooms:	 	
Grade:	 	



Anaphylaxis Emergency Plan

Student Name:	Grade:

This student has a <u>life-threatening allergy</u> to the following:

Strict avoidance of the allergen(s) by the student is critical to their wellbeing. An anaphylactic reaction can proceed quickly and prove fatal within minutes.

Epinephrine Auto-injector(s):

MedicAlert® Identification:

□ EpiPen Jr® 0.15mg	□ EpiPen® 0.30mg	□Yes	□ No
□ Twinject TM 0.15mg	□ Twinject ™ 0.30mg		

Location(s) of Auto-injector(s): _

 \Box Asthmatic: Student is at greater risk. If student is having a reaction and has difficulty breathing, give epinephrine auto-injector <u>before</u> asthma medication,

Early recognition of symptoms and immediate treatment could save a person's life A person having an anaphylactic reaction might have ANY of these signs and symptoms: Think F.A.S.T. Face: itchiness, redness, rash, swelling of face and tongue <u>Airway</u>: trouble breathing, swallowing or speaking <u>Stomach</u>: stomach pain, vomiting, diarrhea <u>Total Body</u>: rash, itchiness, swelling, weakness, paleness, sense of doom, loss of consciousness <u>A.C.T. quickly.</u> The first signs of a reaction can be mild, but symptoms can get worse very quickly. <u>1. Administer epinephrine</u> auto-injector at the first sign of a reaction occurring in conjunction with a known or suspected contact with an allergen. Give second dose in 10-15 minutes or sooner if the reaction continues or worsens. <u>2. Call 911.</u> Tell them someone is having a serious allergic reaction/anaphylactic. <u>3. Transport to hospital</u> by ambulance even if symptoms are mild or have stopped.

4. Call the parent(s)/guardian(s)/emergency contact.



PHYSICIAN INSTRUCTIONS

Student Name:		
Parent(s)/Guardian(s) Name:		
Address:		
Street		Postal Code
1) Does this patient have a know	n predisposition to anaphylaxis?	\Box Yes \Box No
2) What medication is to be adm	inistered in the event of an anaphy	lactic reaction?
Name of Medication:		
Dose or amount to be given:		
Total doses or times per event: _		
Additional Instructions:		
Physician's Name	Signature	Date
Address:		
Street	City	Postal Code
I hereby pre-authorize an administer medication to the Board's policies and described within this ind Parent(s)/Guardian(s) Si		ichardson Collegiate to sylactic reaction, according to escription and instructions as Date
Student's Signature		Date

Student Name:_____

Type of Allergy and Details for Informing Employees	
Monitoring Strategies	
Avoidance Strategies	
Appropriate Treatment	T
Emergency Procedure	

Location of student's additional epinephrine auto-injector(s):

Expiry Date(s) for epinephrine auto-injectors:

Monitoring Schedule (Checking auto-injector in student's possession):

 \Box Once per term \Box Once per semester

Dates of Monitoring Check: ______

Person Monitoring: ______

Student Name:_____

Contingencies for Excursions:

(Including but not limited to: field trips, off-site sporting events, etc.)

□ Establishing parent/designate who may stay with student

□ Ensuring at least two (2) epinephrine auto-injectors are available

 \Box Ensuring that staff has immediate access to a telephone/cell phone

 \Box Other:

Emergency Contact Information:

Name	Relationship	Home Phone	Work Phone	Cell Phone

Parent(s)/Guardian(s) Signature

Date

Student's Signature

Principal/Designate Signature

Date

Date

NOTE: THIS PLAN WILL EXPIRE JUNE 30TH OF EACH YEAR